

WALKING



TOURIQUE

step by step



THE ARTISTS OF THIS PIECE



With great pleasure and enthusiasm, our **Cultural Tourism and Heritage class** embarked on this project. Our goal is to make a meaningful impact—not just for future students, but for everyone in our school community. We hope this project serves as a source of inspiration, knowledge, and motivation for all. And, of course, we want you to discover the charm of this wonderful neighborhood, as it is—or soon will be—your second home!



Hello, nice to meet you!
Before we start our journey through this charming neighbourhood, I'd like to set you a challenge!
Here it goes... will you be able to guess how many times Fernando Pessoa appears in this flipbook?



CURIOSITY KILLED THE



The Lisbon wild boar

Did you know that... the administrative division of Campo de Ourique resembles a wild boar?



Whether coincidence or fate, the strong and independent spirit of the neighbourhood perfectly matches the image of the wild boar – a resilient, fearless and energetic animal.



Take a good look at the map... can you see the wild boar?



Fernando Pessoa

Did you know that... between 1920 and 1935, Fernando Pessoa lived in Campo de Ourique, at Rua Coelho da Rocha Nº16 – today the Casa Fernando Pessoa.

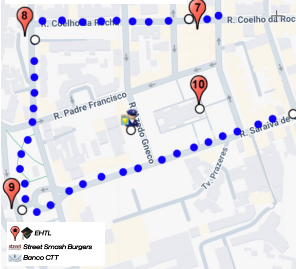
In this quiet neighbourhood, he wrote some of his last works and reflections.

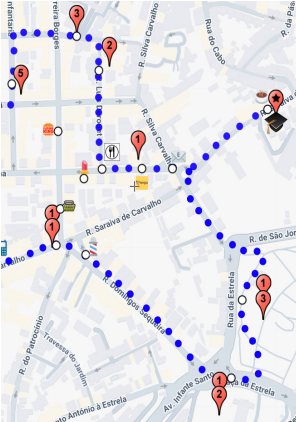
Today, Campo de Ourique harbours this memory, as if every corner still whispers verses by one of the greatest names in literature.

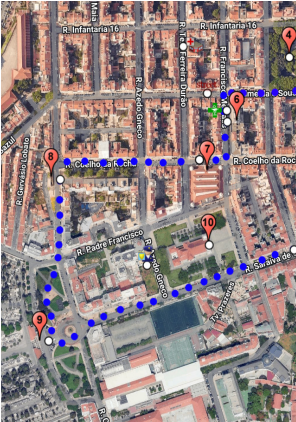
WALKINGTOURIQUE

- 1 Casa Fernando Pessoa
- 2 Pastaria do Povo
- 3 Quarteir
- 4 Jardim da Parada
- 5 Livraria Ler
- 6 Antigo Cinema Europa
- 7 Mercado de C. de Ourique
- 8 Aqui foi mar

- 9 Cemitério dos Prazeres
- 10 Igreja de Santo Condestável
- 11 Pastelaria "A Tentadora"
- 12 Basílica da Estrela
- 13 Jardim da Estrela
-  Pingo Doce
-  Café "Vilavó"
-  A Trampas









Omen

Loves, when it reveals
Doesn't know how to reveal
Feels good to look at her
But doesn't know how to speak to her

Whoever wants to express how they feel
Doesn't know what to say
Speaks: Seems like lying
Stays silent: Seems like forgetting

Ah, but if she could guess
If she could hear the gaze
And if one look was enough
To know that they are loving her!
To know that they are loving her!
To know that they are loving her!

But whoever feels a lot, stays silent
Whoever wants to express how they feel
Loses their soul and voice
Stays alone, completely

But if I could tell her this
What I dare not tell her
I won't have to speak to her anymore
Because I am already speaking to her

But if I could tell her this
What I dare not tell her
I won't have to speak to her anymore
Because I am already speaking to her...

- Fernando Pessoa





Casa Fernando Pessoa

Fernando António Nogueira Pessoa was born in Lisbon on 13 June 1888. He wrote from a very young age, but hardly published during his lifetime. He accumulated more than 25,000 manuscripts and typescripts containing poetry, short stories, plays, translations and other writings, in a chest whose contents would only become known after his death on 30 November 1935.



He used dozens of heteronyms, the best known being Alberto Caeiro, Ricardo Reis and Álvaro de Campos.

The work of this author, who considered that being a poet was not a job but a vocation, made him a major poet of literary Modernism and one of the most eloquent craftsmen of the Portuguese language.

Casa Fernando Pessoa is the house where the writer lived for the last 15 years of his life. It features an exhibition on the poet's life and work and a library specialising in world poetry. It's a place where the author's memory now opens up to a space for literary creation, reading and cultural dynamism in the Campo de Ourique neighbourhood.



2 Padaria do Povo

Padaria do Povo was inaugurated on 17 October 1904 on the initiative of King Carlos, with the aim of producing bread at affordable prices for the residents of the neighbourhood.



In 1919, António Ferreira de Macedo and Bento de Jesus Caração founded the People's University, initially in rooms provided by the Padaria do Povo co-operative.



Today, **Padaria do Povo** operates as a restaurant and café, still with affordable prices. The space also promotes cultural and recreational activities, such as exhibitions, theatre and music classes, consolidating itself as a vibrant artistic and cultural centre.



3 Quartel

The **Quartel** was the first to be built in Campo de Ourique in 1762. Originally built to house troops and guarantee the security of the region, the building played an important role in the military context, with a battalion leaving the barracks to support the Republican forces at the Rotunda in 1910.



With the passage of time and urban changes, the space ceased to have the exclusive function of a barracks, adapting to the new reality of the neighbourhood. Today, the **barracks** preserves traces of its past while hosting cultural and community initiatives, blending harmoniously into the modern landscape of Campo de Ourique.





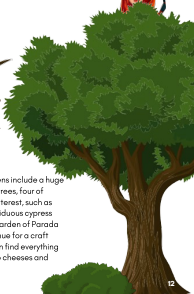
Jardim da Parada



Garden of Parada - or **Garden Teófilo Braga** - is a public space in Campo de Ourique named after the fact that it was built in the 1980s on the site of a former parade ground. It's a space where you can socialise with both the older and younger generations of the neighbourhood.



Its botanical specimens include a huge variety of centenary trees, four of which are of public interest, such as the Sequoia, the deciduous cypress and two Fire Trees. Garden of Parada is also the regular venue for a craft market where you can find everything from crochet items to cheeses and jams.





Although it's a relatively small area, here we can find a lake with ducks, turtles and fish; a playground where children play every day on their way home from school; a kiosk serving simple meals, coffee and spirits; a bandstand where small musical events are held from time to time; an area with chairs and tables where older people spend their afternoons playing cards.

Hi, how are you?
OopaQUACKQUACK
QUACK!



In this garden, there is a sculpture of **Maria da Fonte** that was inaugurated on 15 September 1920 to celebrate the centenary of the liberal regime in Portugal. Sculpted in white marble, it depicts a barefoot young woman in traditional *Minho* costume, holding a cudgel and a pistol. She symbolises the women who led the *Maria da Fonte* Revolution in 1846.

REVOLUTION!





Livraria Ler

DOWN WITH THE
DICTATORSHIP!

Livraria Ler, founded in 1970 by Luís Alves Dias, is a cultural landmark in Lisbon. Known for resisting the changes of the times, it initially stood out as a space for free thought, especially before the 1974 Revolution, by clandestinely selling books banned by the dictatorial regime.



- António Gedeão

Today, Ler is more than just a bookshop; it is a dynamic cultural space that organises events such as poetry sessions, reading clubs, workshops and children's readings, promoting literature to the community. It also takes part in events such as the Poetry Fair in Jardim da Parada. With more than five decades of history, it remains a cultural bastion, inspiring generations of readers and strengthening the link between Campo de Ourique and literature.



Cinema Europa

The **Cinema Europa**, which opened in 1930 in Campo de Ourique, was an important cultural venue in Lisbon until it closed in 1981. After years of neglect, it was refurbished and reopened in 2017 as a cultural centre, housing a library, a playroom and a room for events. Retaining original architectural elements, today it is a dynamic space that serves the local community.





The former Cinema Europa was an important cultural space in the city for decades, hosting not only film screenings but also recordings of RTP television programmes such as '1,2,3' and 'O Passeio dos Alegres'.



Mercado Campo de Ourique

The **Campo de Ourique Market** was inaugurated in 1934. It underwent two significant refurbishments, in 1991 and 2013. Today it is a space that combines traditional fresh produce stalls, such as fruit, vegetables, fish, meat and cold meats, with modern gastronomy and leisure areas. Despite the modernisation, it retains its original function as a Municipal Market, with a daily offer of fresh produce, especially in the morning.



The market is a vibrant meeting place where tradition mixes with innovation. Cultural events and festivals such as wine, beer, gin and sausage festivals take place here on a regular basis.

As well as food, there are also stalls selling flowers, gardening items, children's clothes and fashion accessories. The market also offers services such as ironing, sewing, shoe repair, hairdressing and podiatry.





Hello again.
How's your trip going?
You've still got a few places to see, so I
recommend you eat something to recover your
energy!
By the way, have you been counting how many
times Fernando Pessoa has appeared?
Let us know how many times you have seen him!



Aqui foi mar



The 'Here was sea 20 million years ago' geomonument is located in Rua Sampaio Bruno. This limestone outcrop contains fossils of bryozoans, small marine invertebrates that formed reef-like colonies. Around 20 million years ago, during the Miocene period, this region was submerged by a sea with warm, clear waters, favourable to the development of these organisms.





Cemitério dos Prazeres

After the city of Lisbon was hit by a cholera epidemic in 1833, large cemeteries had to be built. It was in this context that the **Prazeres Cemetery** emerged. Located close to the residential neighbourhoods of wealthy families, it soon became the cemetery of Lisbon's aristocracy and bourgeoisie in the 19th century.

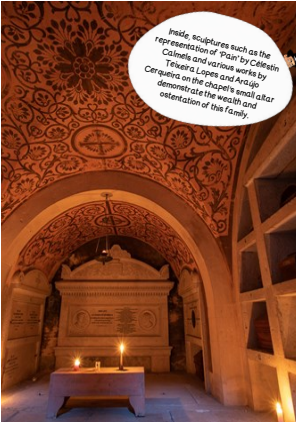


The vast majority of the tombs are private, a notorious and emblematic example of which is the **Dukes of Palmela tomb**. Built in 1847 by D. Pedro de Sousa e Holstein, 1st Duke of Palmela, and designed by Giuseppe Cinatti, it was at the time the largest private mausoleum in Europe.

The pyramidal structure, characteristic of Egyptian revivalism in the 19th century, and the imposing statue of a female figure, symbolising 'Faith' and holding a book and the keys to paradise, stand out as a kind of private cemetery within a public cemetery.



Inside, sculptures such as the representation of 'Pain' by Célestin Teixeira Lopes and various works by Cerqueira on the chapel's small altar demonstrate the wealth and ostentation of this family.





Igreja do Santo Condestável

The **Church of Santo Condestável**, located in Campo de Ourique, is an important example of 20th century Portuguese religious architecture. Built in 1946 by Vasco Regaleira and opened to the public in 1951, it is part of the 'New Churches' movement, which stands out for its fusion of modernist innovations with revivalist elements, mainly in the neo-Gothic style.

Hi! I'm me, the Holy Constables!



Inside the church are the relics of **D. Nuno Álvares Pereira**, known as the Holy Constable, which are protected in a reliquary tomb designed by Domingos Soares Branco in 1953. The main artistic attractions are the stained glass windows by Almada Negreiros, which adorn the side-altars with representations of Nuno's faith in Christ and the Virgin Mary, as well as the tile panels by the master Jorge Colaço, depicting scenes from the saint's life.

Leopoldo de Almeida's work on the main façade introduces the spiritual essence of the temple. Nuno Álvares Pereira, canonised **Saint Nuno of Santa Maria**, was a historical figure of significant importance for Portugal. During the crisis of 1383–1385, he played a crucial role in protecting Portugal's independence from Spain.



A Tentadora (pastry)

A Tentadora is a café/pastry shop located at the junction of Rua Ferreira Borges and Rua Saraiva de Carvalho. Founded on 5 February 1912 by Manuel Lopes Coelho, the pastry shop quickly became a meeting point in the city.



Housed in a building designed by Ernesto Korrodi, it stands out for its Art Nouveau architecture and the iconic painting by the founder's daughter, Lúcia. Always a meeting place, it hosted figures from the dictatorship and the opposition, and after the 25th of April it remained a place frequented by personalities such as Jorge Sampaio and Miguel Sousa Tavares. Today, it continues to be a symbol of tradition and charm, preserving its classic and cosy atmosphere.



Basílica da Estrela

Built between 1779 and 1790 by architects from the School of Mafra as a result of a promise made by Queen Maria I, it has characteristics of the late Baroque and Neoclassical styles.

As the first queen to rule Portugal, I order the Basílica to be built!



The facade has twin towers and is decorated in the centre with a relief depicting the Sacred Heart of Jesus, with statues of saints and allegorical figures by the sculptor Joaquim Machado de Castro - considered one of the best European sculptors of the Baroque period - and his disciples. The large interior, made of grey, pink and yellow marble and illuminated by openings in the dome, features paintings by Pompeo Batoni.



Faith



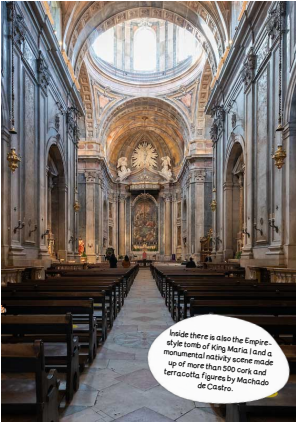
Devotion



Gratitude



Freedom



Inside there is also the Empire-style tomb of King Maria I and a monumental nativity scene made up of more than 500 cork and terracotta figures by Machado de Castro.



Jardim da Estrela

The garden was designed by the French landscape architect Jean-Charles Moreux and inaugurated by Queen Maria I in 1842. It was part of a project to urbanise the area around the Basilica da Estrela, one of the most important churches in the city and one of the main tourist attractions in the neighbourhood.



Over the years, this romantic garden has undergone various modifications and improvements. Today it stands as one of Lisbon's most emblematic gardens.



With an area of around 4.5 hectares, it is known for its well-kept landscaping and the wide variety of flora that can be found there: large trees, palm trees, aromatic and medicinal plants, cacti and much more, in a symbiosis of tropical, Mediterranean and other plants adapted to Lisbon's climate.



The garden has several themed areas, such as flower beds, shrub areas, stately trees and even a small pond with ducks.

A taste of tradition

Vilavê - café / restaurant



Rua Saraiva Carvalho 36A



07:00h - 20:00h

O Conquistador - café / restaurant



Rua Coelho da Rocha 44



09:00h - 21:00h

Pietra - restaurant



Rua do Patrocínio 109



09:30h - 19:00h

O Comilão - restaurant



Rua Tomás da Anunciação 5A



12:00h - 16:00h

Chirininguito - restaurant



Rua Correia Teles 51



12:00h - 20:00h

Afonse dos Leitões - restaurant



Mercado De Campo De Ourique II



10:00h - 19:30h

O Bitoque - restaurant



Rua Ferreira Borges 59



07:00h - 20:00h



Here you'll find some of the traditional Portuguese restaurants in the neighbourhood. If you want to feel and taste Portugal, these are certainly excellent options!



Global flavors local tables

Sushi Away - japanese food



Rua 4 de Infantaria



12:00h - 22:00h



Fábrica Rodizio de Picanha - brazilian food



Rua 4 de Infantaria 3A



12:00h - 25:00h



Senor Mariachi - mexican food



Rua Saralva de Carvalho 150



12:00h - 25:00h



De Além Mar - brazilian food



Rua Ferreira Borges 35



10:00h - 20:00h

Italian Republic - italian food



R. Tomás da Anunciação 45B



12:00h - 25:00h

Pak Grelha Halal- indian food



Rua Sampaio Bruno 61B



10:00h - 25:00h

Segredos de Goa - cozinha indiana



Rua Tenente Ferreira Duro 62 C



12:00 - 25:00h

With this selection of restaurants, you can embark on a journey without leaving the neighbourhood. Here you'll find the best of international cuisine, with dishes that cross cultures and awaken the senses.



Retail Therapy

Be Vintage - clothing shop



Rua Coelho da Rocha 438



10:30h - 18:00h

Lili Fashion - clothing shop



Rua Infância 16 60A



09:30h - 20:00h

Janela da Moda Shoes - shoe shop



Rua Tomás da Anunciação 478



09:30h - 19:00h

Flying Tiger Copenhagen - gift shop



Rua Ferreira Borges 35



10:00h - 20:00h

Note! Ferreira Borges - stationery



Rua Ferreira Borges 82A



08:00h - 20:00h

Perfumes e Companhia - cosmetics shop



Rua Ferreira Borges 79D



10:00h - 19:30h

Alphaiate - clothing shop (tailor)



Rua 4 de Infância 96A



11:00h - 20:00h



Here's a selection of shops to suit all tastes! From fashion and perfumes to stationery and gift shops, there's always something special waiting for you in Campo de Ourique.



Everyday essentials

Vilavô - café / restaurant



Rua Saraiva Carvalho 36A



07:00h - 20:00h



Pingo Doce - supermarket



Rua Ferreira Borges 14



08:00 - 21:00h



Mercearia Santa Isabel - grocery store



Rua Saraiva de Carvalho 3A



08:00h - 21:00h

Tabacaria Babulal



Rua Silva Carvalho 9A



08:00h - 19:00h

Mail box CTT



Rua Saraiva de Carvalho 122



09:00h - 18:00h

Multibanco - ATM machine



Rua Saraiva de Carvalho 122



24 horas a funcionar

Note! Papelaria Ferreira Borges



Rua Ferreira Borges 82A



08:00h - 20:00h

In everyday life, it's essential to have shops nearby that make your routine simpler and more practical. So here are some suggestions of places where you can find everything you need, always close at hand!



Sponsors



If I were still alive, I'd apply to this school! What about you, Almeida?

TURISMO DE
PORTUGAL



escola
Lisboa



Yes, I would probably apply as well! Then I could learn with you and with all the great professionals at the school.

The first Hotel and Tourism School in Portugal celebrated its 66th anniversary in 2024. Our school!



The Holy Constable thanks you!



Stay up to date

Flipbook

You can also view and even download the flipbook via this QR CODE



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Instagram

To keep up to date with everything and see some of the creative process, follow us on Instagram!

Website

We also have a website that you can access via this QR CODE or even through the link below



<https://walkingtourique?website.com/walking-tourique>

WALKING



TOURIQUE

step by step

Well, it looks like we've come to the end of our trip to this charming neighbourhood! Can you tell me how many times Fernando Pessoa appeared?